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## 45 Bedroom Decorating Tips

### 45 BEDROOM DECORATING TIPS

PUBLISHED 07.11.13 IN INSPIRATION.

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We spoke to the design industry's finest to ask them for their best tips and tricks for when it comes to decorating a bedroom. So whether the master bedroom is in need of an overhaul or the guest room needs a spruce in time for Christmas be inspired by our collection of the best advice below...

#### LIGHTING

**Vanessa Brady, Interior Designer**

*"Three lighting levels create mood and function, for reading, relaxing and overall house light on a two-way switch with a dimmer"*

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**Lynni Megginson, Interior Designer**

*"Use individual swing arm lamps above or adjacent to your headboard instead of traditional bedside lamps"*

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**Mally Skok, Interior Designer**

*"Black out curtains is a must, especially for the world traveler that is constantly on the wrong time zone"*



**Jamie Herzlinger, Interior Designer**

*"Jewellery makes the best décor, select a jaw dropping chandelier"*




**Jen Freeman, Interior Designer**


*"A great lighting scheme is key for the bedroom, to allow for the changing functions. Be sure to include the Big 3: general, accent and task"*




**Sarah Barclay, Interior Designer**

*"Use a blackout lining on your curtains: a dark room = a good night's sleep"*



*KELLY DAVIES, INTERIOR DESIGNER* 

*"Keep overall scheme neutral, introduce colour with bed linen which can be changed to match seasons, pastels for Spring, warm tones for Winter"*



## COLOUR & TEXTURE

**Stuart Wilson, Interiors Blogger**

*"Keep a fresh bright room with neutral wall colours and contrasting dark matching furniture"*



**Joanne Jones, Interior Designer**

*"If you have a small bedroom, paint the woodwork darker even if using whites as the darker lower sections will create a fan effect and push the walls out"*



**Sarah Barclay, Interior Designer**

*"Keep colours more muted – bright colours are not conducive to creating a calm atmosphere"*



**Kelly Davies, Interior Designer**

*"Keep overall scheme neutral, introduce colour with bed linen which can be changed to match seasons, pastels for Spring, warm tones for Winter"*



**Robyn Randall, Interior Designer**

*"The bedroom is a place of peace and restfulness so don't be afraid of dark walls...and by all means, wrap the colour up on the ceiling!"*



**Jamie Herzlinger, Interior Designer**

*"If you're having trouble selecting a colour palette for your bedroom? Neutral is never wrong. It's quiet and peaceful"*



**Sian Elin, Textile and Wallpaper Designer**

*"Choose bright & light colours for your bedroom because it's good to wake up to something warming & inviting"*



**Sarah Gunn, Interior Stylist**

*"Keep the overall palette neutral and introduce pops of colour and pattern with accessories and linens"*



**Jennifer Flanders, Interior Designer**

*"How do you want to feel in your bedroom, calm, uplifted, sexy? Pick colours that reflect this mood"*



**Lisa Melvin, Interior Designer**

*"Create an elegant restful boudoir by using neutral colour schemes with showpiece artwork avert allergies install hardwood floor surfaces"*



**MATTHEW DALBY, STUDIO DIRECTOR AT YOO FURNISHINGS** [Pin it](#)

*"Try hanging pendants either side of the bed to add glamour and ambience"*

## STORAGE

**Hannah Trickett, Interior Designer**

*"Bedrooms need to be tranquil spaces. Keep clutter free with stylish storage and colour palette calm"*



**Ramona Griffin, Interior Designer**

*"It is always important to put some sort of seating in a bedroom other than the bed"*



**Andrew Petherick, Director of Artichoke**

*"In smaller dressing rooms, take a leaf traditional haberdashers and don't design doors. They can get in the way"*



**Rowena Vaughn, Interior Designer**


*"You can never ever have too much storage. Plan in as much as possible"*

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**March and White, Interior Designers**


*"Creating the perfect wardrobe is key"*

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**NICOLA HOLDEN, INTERIOR DESIGNER** [Pin it](#)

*"A bedroom should be a nourishing, restful environment, but it is also important for it to feel fun and sensual too"*



## FURNISHINGS

**Stuart Wilson, Interiors Blogger**

*"Purchase a cool retro lamp and some brightly coloured cushions for your bed to create a fun look"*

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**Martyn Lawrence-Bullard, Interior Designer**

*"600 thread count sheets complete the recipe for a perfect nights rest"*

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**Lynni Megginson, Interior Designer**

*"Buy the most expensive sheets you can afford and take care of them. They'll last forever and you'll sleep in luxury!"*

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**Kelly Davies, Interior Designer**

*"Window dressing is key and layering works best, a soft voile panel can be hung behind a heavier curtain for extra privacy when needed"*

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**Sarah Barclay, Interior Designer**

*"Choose the best mattress you can afford – it will stand the test of time"*

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**Abigail Ahern, Interior Designer**

*"Pile on the pillows and mix as many patterns as possible – it will enliven your bedroom like nothing else you know"*

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**Ed Winters of Douglas and Baron Designs**

*"The focal point of any bedroom is the bed so if you wish to change the décor of your bedroom, the addition of an accent colour through new bed linen or soft furnishings can bring about the transformation you desire"*



**Jamie Herzlinger, Interior Designer**

*"Don't go cheap on your bed sheets. Good sheets are always worth the investment"*



**Jennifer Flanders, Interior Designer**

*"I never create a bedroom around bed linens. Pick everything else first and buy the sheets at the end"*



**Joann Kandrak, Interior Designer**

*"Always buy the highest quality sheets you can afford, like a cashmere sweater, it just feels luxurious – after all, you spend 1/3 of your life in your bed"*



**Yasmin Chopin, Interior Designer**

*"Obtain the highest quality of mattress possible and take daily pleasure in its comfort"*



**Martyn Lawrence-Bullard, Interior Designer**

*"The most important thing in your bedroom is your mattress. You spend 3 years out of every 10 on it so buy the best you possibly can afford"*



**Shaynna Blaze, Interior Designer**

*"Buy the highest quality linen you can afford for the ultimate luxe experience in your bedroom. It's the best way to start and end your day"*



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BED SIDE TABLE  
vignettes  
COMPLETE YOUR PERSONAL  
OASIS  
BY LAYERING TEXTURES,  
light, colour  
& FORM!  
-Robin De Groot

ROBIN DE GROOT, INTERIOR DESIGNER

*"Bed side table vignettes complete your personal oasis by layering textures, light, colour and form"*

# FINISHING TOUCHES

**Lynni Megginson, Interior Designer**

*"Create shadowboxes out of decorative molding and subtle wallpaper"*

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**Suzanne Lasky, Interior Designer**

*"Address the senses of sight, sound, touch, and smell"*

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**Robin De Groot, Interior Designer**

*"Bed side table vignettes complete your personal oasis by layering textures, light, colour and form"*

[Tweet this tip](#)

**Nicola Holden, Interior Designer**

*"A bedroom should be a nourishing, restful environment, but it is also important for it to feel fun and sensual too"*

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**Suzanne Lasky, Interior Designer**

*"Create an ambiance in your room with music that relaxes as well as rejuvenates"*

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**Mally Skok, Interior Designer**

*"Your bedroom should be a deeply personal part of your house. This is the place for family pictures and odd remembrances from happy travels"*

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**Matthew Dalby, Studio Director at Yoo Furnishings**

*"A bedroom should always be a personal sanctuary where you go to escape and rest – fill it with things you love"*

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**Suzanne Lasky, Interior Designer**

*"Meditation is becoming popular in bedrooms, and relaxing nature sounds can help you refocus and get centred or even help you to fall to sleep"*

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**Nicola Holden, Interior Designer**

*"Style your bedroom to suit the climate. If it's mostly hot, keep your styling cool, and if you live in a cooler climate make the room cosy"*

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**Sarah Gunn, Interior Stylist**

*"Every bedroom should have fresh cut flowers"*

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**Rowena Vaughan, Interior Designer**

*"Put a socket in a drawer of your dressing table/chest of drawers for your hair dryer, a fantastic solution to that perennial problem of the professional blow dry look each morning"*

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**Matthew Dalby, Studio Director at Yoo Furnishings**

*"Try hanging pendants either side of the bed to add glamour and ambiance"*

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Do you have an inspiring interior design tip you wish to add to this great resource? Let us know your tips on Twitter with your #BedroomTip

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